

INSIDE THIS ISSUE

Pope creates 20 new cardinals | PAGE 10

For Lent: 'become islands of mercy' | PAGE 11

The Diocese of Ogdensburg Volume 69, Number 36

NORTH COUNTRY CATHOLIC

FEB. 18, 2015

'Children are a blessing'

VATICAN CITY (CNS) -- Children are a blessing, not a burden, and are a sign of the confident hope of a couple and of society, Pope Francis said.

"If a family that has been generous in having children is looked upon as a burden, something's wrong," he said at his Feb. 11 audience.

"The generation of children must be responsible," as Blessed Paul VI wrote in his encyclical "Humanae Vitae," the pope said. "But having more children cannot be looked upon automatically as an irresponsible choice. What is more, not having children is a selfish choice."

Continuing a series of talks about the family, Pope Francis said birthrates are a clear indication of the optimism and hope of a couple and of the society in which they live.

A society that pressures people not to have children, "that considers them a con-

cern, a burden, a risk, is a society that is depressed," he said, pointing particularly to European countries with declining populations because of their low birthrates.

"Life is rejuvenated and energies are increased when life multiplies," he said. "It is enriched, not impoverished!"

Catholic Heart Work Camp coming

"Here in the Diocese of Ogdensburg we know all about summer camps, writes Father Bryan Stitt. "but Catholic Heart Work Camp (CHWC) offers something that we have never had before."

From June 28 to July 3, teens will have the opportunity to come to Wadhams Hall "in order to follow the command of the Lord to serve the least of their brothers and sisters," Father Stitt said. The students do a variety of services while interacting with youth from around the area and beyond.

FULL STORY, PAGE 4

Remembering Mercy Hospital

Former administrators and staff gathered at St. Patrick's

Church Jan. 31 to honor Mercy

FULL STORY, PAGE 3

THANK YOU, SISTER RITA



PHOTO BY DOROTHY METZ

A Holy Hour was held at St. Bernard's Church in Saranac Lake Feb. 1 to celebrate the retirement of Sister Rita Mawn. Prayer time was followed by a reception at the school. Sister Rita, originally from Vermont, spent the past 50 years serving in the Diocese of Ogdensburg. In Saranac Lake, she directed the Resurrection House and served as daily Mass sacristan, led the weekly prayer group and music at the Saturday evening Mass. She served on the council of the secular order of Discalced Carmelites chapter of the Divine Will, was the facilitator of the spring and fall Rachel's Vineyard retreats and taught CCD for many years.

RITE OF ELECTION: To be held March 1 at St. Mary's Cathedral... p. 5

LENT BEGINS

'Remember that you are dust'



PHOTO BY BETTY STEELE

Father Scott Belina rubs ashes on Bishop LaValley's forehead during the 2014 Ash Wednesday Mass at St. Mary's Cathedral in Ogdensburg. Ash Wednesday, which marks the start of the penitential season of Lent, is Feb. 18 this year. In his message for Lent, Bishop LaValley writes, "May this Lent be a privileged sacred time where we find our homes in Christ. I pray that Lent 2015 you and your family will renew your faith, nurture your love for Jesus and others, and discover again and again His boundless love." This week's issue also features the list of Lenten regulations for 2015, Lenten reflections from Pope Francis, Father Muench, Msgr. Whitmore and information about a traditional Lenten program, Operation Rice Bowl.

ON LENT, PAGES 2, 3, 6, 8-9, 11 & 12

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EDITOR'S NOTE

A life of faith, of hope and of love

When I wrote about my mother's death a couple weeks ago, I knew that, sooner or later, I would be sharing thoughts about losing my dad.

None of us would have guessed how *soon* the sooner would be.

Just 44 days after his wife started paving the way, Tom DuPre' followed his beloved Anna right up to heaven.

I've never been more certain of anything in my life.

Our dad knew that his eight kids and their kids would be okay since he spent his life making sure of it.

Through his words, and

more powerfully, through his example, he taught us everything about what was important in life: faith, family, education, hard work, integrity, friendship and the St. Lawrence River!

Although he would have denied it right through his last days, my dad's life wasn't an easy one. When I lamented with one of my brothers that we became orphans in less than five weeks, Ed shot back, "Dad was an orphan at 13."

Our father knew deprivation in his Depression-era childhood, grief in his adolescence



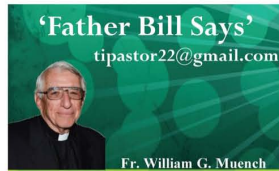
Mary Lou
Kilian

Holding on to Jesus, the message of Lent

Okay – it's about Lent again. I suspect that, like me, you are more preoccupied with snow or maybe health related problems. Yet, Ash Wednesday is upon us. So it is that time again, time for doing something. Lent is about doing something.

The message of Lent is Jesus. Jesus is what Lent is all about. Those Lenten things – the special prayer and the acts of mortification – mean nothing unless they empower our friendship with Jesus. So our Church encourages us and challenges us to use this special time as a time to make our lives, our spiritual lives, even better. This is our time to strengthen our relationship with God and our friendship with Jesus.

I know that you have been through Lent many times, haven't you? I remember way back when I was a kid that Lent was all about candy and chocolate. I am really not a chocolate person, even back then. However, when I gave up chocolate for Lent, it seemed to take on a new importance. I suddenly found that I couldn't live without candy and chocolate. I had this strong longing for candy. So it became quite a battle to give it up. Then came



Easter and I had seemed to lose my yearning for candy. I seemed to have gotten over chocolate. Lent had worked; I was changed.

This is what Lent is about. Lent is about conversion. Conversion is about Jesus because conversion needs Jesus. So, Lent is truly about Jesus. The purpose of Lent is to lead each one of us closer to Our Lord, Jesus Christ. Yet, each of us is so very different. So, each of us must make our own choices, our own plans to getting closer to the Lord, for making ourselves more open so that the Lord can find us and enter into our lives.

So, what will your decision be this year? What will change your life this Lent? Choose something that will open the way for Jesus that he may find you. Does it really take seven weeks? Speaking for myself, I probably need more time than seven weeks. However, if Lent works properly, I hope to be

and illness for the last 30 years of his life.

Yet, as we were remembering mom at her wake, he cited the famous Lou Gehrig line, "today I consider myself the luckiest man on the face of this earth."

He knew he had been blessed with a partner who walked right beside him for more than 60 years.

He loved his children, grandchildren and great-grandchildren beyond measure.

He loved being a lawyer.

And my dad loved his Church.

The priests who served at the cathedral were among his favorite people in the world.

His generosity in weekly collections, to the Bishop's Fund

and for "whatever Father needs" would put nearly all the rest of us to shame.

His was a face you could count on at daily Mass, in parish Bible study classes, and at every parish picnic, concert and party.

And, the rest of us will be grateful for the support we all received in return as we have been enveloped by the loving, grace-filled support of bishops and priests and sisters and faithful Catholic friends during these awful, wonderful weeks. Rest in peace, my beloved daddy.

You lived a life of extraordinary joy and extraordinary pain, with faith, with hope and with love till the end.

more faith-filled and closer to the Lord when it is time to celebrate Holy Week and Easter.

Lent is basically about developing good habits and making good choices. This is the way to bring each of us so much closer to the Lord. Yes, I truly know from experience that Lent works. We must do something intentionally, to truly improve our spiritual life.

Easter is the end of the time of Lent but it is not the end of the Lenten program. Easter must be the beginning of this year's program, the beginning of a new life developed during Lent. We should and can end Lent as very different people. If we do not, then we have missed out on this most important opportunity.

The idea of Lent is to add something new to our future. Can you imagine if every one of us had developed something new each and each and every Lent, since we began observing this special time of prayer. This would be a very different world, wouldn't it?

So make your choice carefully. Add a little mortification to your life; it is still good to give up something for Lent as long as it is an opportunity to get closer to the Lord. Or maybe do something that will

bring you closer to the Lord. This will guarantee to open your heart and mind so that Jesus may enter more completely into who you are. Then celebrate – and enjoy Lent – the Lord will be with you.

Okay, I know what you are thinking. You probably want to ask me – what are you going to do this Lent? I have been thinking of that as I have been writing. The last couple of years I have given up all computer games but I must admit I have gotten away from computer games.

I have found new peace and strength from a daily holy hour, so I will promise the Lord – a daily holy hour this Lent.

I want to take a moment to close with a remembrance. I have learned that Father Richard McBrien died recently. His writings – books and columns – did have a profound effect on my life and my priesthood. Father McBrien was on the theology faculty at Notre Dame University. He was special and certainly made the Second Vatican Council more understandable to me. I used often his two volume classic "Catholicism" on the Church and the teachings of our Church. He was a very special theologian.

FOLLOW ME

Where is Jesus leading me this Lent?

As I shared our Diocesan Pastoral Vision at the Chrism Mass last year, I spoke of being *Christ-led, Christ-fed, and Hope-filled*.

I hope this Vision will inspire your 2015 Lenten journey of faith.

Christ-led

All four Gospels tell of countless occasions when Jesus invites His followers: "Follow Me."

Where is Jesus leading me in Lent 2015? ... into the desert, that place



Bishop
Terry R.
LaValley

where fasting, intense prayer and almsgiving provide the means for me to empty myself of any selfish desires? ...into the streets, reaching out to our sisters and brothers who are hurting because of economic poverty, loneliness, persecution, or the indifference of others? ...into other's hearts, sharing my faith story with my family, friends and

neighbors while asking them to share theirs, realiz-

ing that Lent is never my private business?

Jesus, show me the way.

Christ-fed

This Lent I might more consciously seek to be filled with God's grace, His love that satisfies all my wants and desires.

So, I try to be especially attentive to the mystery of the Mass that I attend. Maybe I can attend daily Mass, confess my sins, and adore the Blessed Sacrament more often.

I could allow the Lord to provide a feast for my soul through a more disciplined daily prayer life - reflecting

on Scripture, spending more time in silence before the tabernacle and reflecting on the extent to which my life is lived with an attitude of gratitude. Jesus, fill me with your merciful love.

Hope-filled

The tomb was empty! I must celebrate and live the resurrection story. How do I continue to grow in knowledge of this defining Mystery of our faith and then get the word out?

I can participate in my parish's adult faith formation classes or Bible study.

I can assist my pastor with the parish census proj-

ect or any other parish efforts that address our diocesan priorities and achieve the goals that have been set, concretely helping to build my parish with living stones. Jesus, may my whole being proclaim your greatness!

May this Lent be a privileged sacred time where we find our homes in Christ.

I pray that Lent 2015 you and your family will renew your faith, nurture your love for Jesus and others, and discover again and again His boundless love.

Let us pray for each other this Lent and always!

Friends of Mercy Hospital gather to remember

By Deacon Kevin Mastellon
Staff writer

WATERTOWN - They sang, *Now Thank We All Our God*; they heard the history of a cher-

ished and now gone institution; they prayed, "Loving God, we offer you our memories of the place we called Mercy, so dear to our hearts."

Former administrators and staff of Mercy Hospital in Wa-

tertown gathered at St. Patrick's Church on the last Saturday of January for an evening Celebration to Honor Mercy Hospital.

It was an opportunity for about 100 friends and employees of the former hospital, school of nursing and nursing home to reflect, to remember, to give thanks and to heal from a loss many of them take quite personally.

The prayer service was led by the Rev. Leon "Toby" Schilling, who worked for many years at Mercy and now serves as Director of the Chaplaincy at Samaritan Medical Center. "A significant change has taken place in each of us with the closing of what we knew as Mercy Hospital; the demolition of the structure that housed that

venerable institution," he said.

Mercy has been leveled. The footprint, almost a city-block square, will become a commercial and residential development. Additional remediation of the grounds and construction will begin this spring. St. Patrick's is adjacent to the now empty hospital grounds.

Mercy Sister Janet Peters, a former administrator of Mercy, offered a history of the hospital and other entities beginning in 1894.

Following the service in St. Patrick's, participants contin-

ued their prayers gazing out on the snow covered demolition debris. They prayed by candlelight from the parking lot of the Church.

An organization called Friends of Mercy Hospital (FriendsofMercyHospital@gmail.com) has been formed and has as its goal to promote and advance what Rev. Schilling called, "the spirit of Mercy."

"We have come here for a special reason," Rev. Schilling said. "Mercy has left a mark on our lives and so we move on" with a purpose to continue the Mercy Spirit."



PHOTO BY KEVIN MASTELLON

Mercy Sister Janet Peters, a former administrator of Mercy Hospital, offered a history of the hospital during a Celebration to Honor Mercy Hospital held Jan. 31 at St. Patrick's Church

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JOB OPENING

The Roman Catholic Diocese of Ogdensburg has an immediate opening for the seasonal position of **Medical Director at Camp Guggenheim**, located in Saranac Lake, NY. The Medical Director is responsible for reviewing the medical history and physician's orders of incoming campers prior to registration and reviewing any questions with parents/guardians, maintaining first-aid equipment and supplies, dispensing medications, etc. Applicants must hold a valid New York State RN, LPN or EMT license.

The position is from June 19- August 7 2015. This is an incredible opportunity to spend the summer working with youth in a beautiful, engaging, Catholic environment.

Please submit letter of interest, resume and three professional references to: Office of Youth Ministry c/o Deacon Brian Dwyer; Diocese of Ogdensburg PO Box 369; Ogdensburg, NY 13669

Catholic Heart Work Camp

Coming to Wadhams Hall in Ogdensburg June 28 to July 3

By Fr. Brian Stitt
Diocesan Vocation director

"Some people think the young people today aren't interested in faith. Some people think that young people today aren't willing to work. Some people have never seen kids at Catholic Heart Work Camp."

This was my reflection after spending a week with teens at one of the 50 different Catholic Heart Work Camps offered this past summer.

And now, their camp is coming to us in the Diocese of Ogdensburg!

This summer from June 28 to July 3, teens will have the opportunity to come to Ogdensburg in order to follow the command of the Lord to serve the least of their brothers and sisters.

Here in the diocese of Ogdensburg we know all about summer camps. But Catholic Heart Work Camp (CHWC) offers something that we have never had before.

As their website states, CHWC offers teens a chance to "embrace this challenge to put ourselves aside to serve and restore homes



Abby Kelly from Fort Covington is shown working with children at a 2014 Catholic Heart Work Camp in Boston. Plans have been made to bring the camp program to the Diocese of Ogdensburg this year.

and hearts, feed the hungry, lift the spirits of children, give hope to the disabled, and provide help through partnerships with social agencies."

Or in the words of Brianna Poupore, a senior in Malone who was a recent camper,

"CHWC is an amazing experience that every individual should experience. Giving back is like giving to yourself because it is so satisfying to help. I love it at CHWC!"

The students do a variety of services while interacting

with youth from around the area and beyond. The announcement of our camp at Wadhams Hall in Ogdensburg only went live on their website (heartworkcamp.com) in the last days of January. Nevertheless, there are already

groups signed up to come from as far away as Maryland and Illinois.

That's because teens do appreciate authentic presentations of their faith, opportunities to actually make a difference by serving, AND having fun.

One glance at the CHWC website and you realize that there is fun involved. Each day of service is bookended by activities for the teens with music, games, and socialization.

What's more, each day is hemmed with daily Mass and other prayer opportunities.

These days our entire diocese is excited about the door to door census that is being planned for the North Country. How well CHWC dovetails with that priority. The kids of CHWC will literally be bringing the service of Christ to the streets.

Please join us in the hope that this Camp will be a successful endeavor. Please suggest that young people from your parishes and homes consider coming to CHWC.

And please pray that more people come to know the fun, faith, and service of the Catholic Church.

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NORTH COUNTRY CATHOLIC HAS GONE GREEN



Here is what one subscriber has to say:



"What a pleasure to be able to read the North Country Catholic online. I am pleased that it has been offered in this manner - as sometimes I don't have time to sit and read a paper - but when I can't sleep at night - I log onto the computer. Very nice gesture - thanks"

To sign up to receive the *NCC* in your e-mail you can call our office at 315-608-7556

40 Days for Life starts Feb. 18

PLATTSBURGH - 40 Days for Life, featuring a peaceful vigil outside an abortion clinic at 66 Brinkerhoff St. will begin Ash Wednesday, Feb. 18 and continued through Palm Sunday, March 29.

According to organizer Nancy Belzile of Willsboro, 40 Days for Life is the largest internationally coordinated pro-life mobilization in history, helping people in local communities end the injustice of abortion through:

1) prayer and fasting - right where you are: Knowing

that "with God, all things are possible," people of faith and conscience unite in 40 days of prayer and fasting

2) community outreach - sharing the message: The pro-life message is taken proactively to every corner of the community during a local 40 Days for Life campaign

3) peaceful vigil - on the sidewalk. A focused, 40-day, round-the-clock prayer vigil is held outside an abortion facility or public place in your city, everyday of the

week 7am - 7pm

A website <http://40daysforlife.com/local-campaigns/plattsburgh/> designed specifically for Plattsburgh features daily meditations, prayer and encouragement along with updates from the national headquarters.

"You can also be a part of the local campaign, which gives you access to the vigil schedule to see what hours are needed to fill for praying at the sidewalk," Mrs. Belzile said.



The newly election officers of the Sacred Heart Found are, from left, Joseph Butler, Jr. treasurer; Jayme St. Croix, secretary; Nancy McCabe, president and Stephen Gebro, vice-president.

Update on SH Foundation

WATERTOWN - The Sacred Heart Foundation has announced the selection of officers for 2015 Board of Directors.

Nancy McCabe will be serving as president with Stephen Gebro returning as vice-president. Joseph Butler Jr. is also returning as treasurer, and Jayme St. Croix joins the executive committee as secretary.

The mission of the Sacred Heart Foundation is to spread the word of God by raising funds which provide financial assistance for the education of those studying to be priests and brothers of the Missionaries of the Sacred Heart anywhere in the world.

This mission was given to Christ when he said, "Go therefore and make disciples of all nations, baptizing them

in the name of the Father, of the Son, and of the Holy Spirit." While many are not personally able to spread God's love throughout the world, a financial contribution to educate such aspiring young men, becomes a valuable contribution to this mission.

Last year, the Sacred Heart Foundation awarded \$77,000 to support 76 young men studying in 12 different countries around the world through the Missionaries of the Sacred Heart. Since its inception in 1968, the Sacred Heart Foundation has awarded over 1.5 million dollars to support the formation of priests through the Missionaries of the Sacred Heart.

Locally, the Missionaries of the Sacred Heart serve in the diocese as priests in the

Catholic communities of Cape Vincent, Rosiere, and Chaumont. In Watertown, priests serve in St. Anthony's, St. Patrick's, and Our Lady of the Sacred Heart parishes. Retired Missionaries of the Sacred Heart also serve in various parishes in the diocese when the regular parish priests are on vacation.

Support for the mission of the Sacred Heart Foundation may be offered by becoming a member; attending the annual benefit dinner in September; or entering the Sacred Heart Foundation/FX Caprara Memorial Golf Tournament in June. Information is available on the foundation's website www.sacred-heartfoundation.com or by contacting the Sacred Heart Foundation office at 315-782-3344.

Rite of Election set for March 1

OGDENSBURG - Bishop Terry R. LaValley will preside at the annual Rite of Election and Call to Continuing Conversion March 1 at 2:30 p.m. at St. Mary's Cathedral.

During the ceremony catechumens, those seeking baptism, and candidates, those already baptized who will be brought into full communion with the Catholic Church, will be formally presented to the bishop.

The catechumens will sign their names in the Book of the Elect at the cathedral as a pledge of fidelity to the church.

At that time Bishop LaValley will declare them members of the elect who will make final preparations before receiving the Sacraments of Initiation - baptism, confirmation and the Eucharist - during the Easter Vigil April 4 in their individual parishes.

Visit our website

www.northcountrycatholic.org

- Read Bishop LaValley's columns
- Search archived papers
- View diocesan events and much more

Find us on Facebook!



Run for the Roses/2nd Annual Gala

May 2, 2015 5 PM to 12:00 PM Dinner/Dancing/Auction

Our 2nd Annual Gala will take place on May 2, 2015 in the White Room of the Rainbow Banquet Hall in Altona. We hope that parishioners, family, alumni and friends will join us for this fun filled night to benefit Seton Academy and Seton Catholic. Dinner choices include roast beef, stuffed chicken breast, or vegetable stir fry. There will be a cash bar and cake will be served for dessert. This is a wonderful opportunity for **adults** to dress up, chat with family and friends, and have a few laughs. We will even have a "hat" walk if you care to show off your creative side.

Eight people will be seated per table. Consider purchasing a table of 8 for business, family, friends, or for a special Mother's Day treat. Individual tickets are \$40 per adult or \$300 per table of 8. Tickets must be purchased prior to April 16.



Mark your dinner choices and make check payable to Seton prior to April 16.

Dinner Choices: _____ Number of Roast Beef
 _____ Number of Stuffed Chicken Breast
 _____ Number of Vegetable Stir Fry

Name: _____ Amount Enclosed: _____

Tickets may be purchased individually (\$40) or as a table of 8 (\$300-a savings of \$20).

Tables of 8 must be paid in full at time of reservation.

Name to be placed on your table of 8: _____



Checks and dinner choices may be mailed to: Seton Academy, 23 St. Charles St., Plattsburgh, NY 12901. We will be happy to mail your tickets to you.

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Holy Spirit
 Holy Spirit, you who make me see everything and show me the way to reach my ideal. You who give me the Divine Gift to forgive the wrong that is done to me and you who are in all instances of my life with me. I in this short dialogue thank you for everything and confirm once more that I never want to be separated from you no matter how great material desire may be. I want to be with you and my loved ones in your perpetual glory. Amen. Thank you for your love toward me and my love ones. EM

Novena to St. Theresa
 St. Theresa, the little flower, please pick me a rose from your heavenly garden and send it to me with a message of love. Ask God to grant me the favor I thee implore. And tell him I will love him each day more and more.
 Say the above prayer plus 5 Our Father's, 5 Hail Mary's and 5 Glory Be's. EM

Lenten regulations for 2015

February 18 is Ash Wednesday, which marks the beginning of the Season of Lent.

Abstinence

All Catholics who have reached their 14th birthday are bound to abstain totally from meat on the following days: Ash Wednesday, all Fridays of Lent, and Good Friday.

Fasting

All Catholics between the ages of 18 and 59 are bound also to observe the Law of Fast on the following days: Ash Wednesday (Feb. 18) and Good Friday (April 3). Fasting, that is, eating less, involves limiting oneself to a single full meal and avoiding food between meals. Lighter nourishment may be taken on two other occasions in the course of the day.

Prayer and penance

The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attending daily Mass, voluntary sacrifice and self-denial, combined with works of charity and service to others, are all excellent ways to obey

the Lord's command to reform our lives and to prepare for the joyful celebration of Easter. Parishes are highly encouraged to offer periods of Eucharistic Adoration during the Lenten Season, as well as, the traditional devotions of the Stations of the Cross and the recitation of the Rosary.

Sacrament of Penance

Again during the Season of Lent, Bishop LaValley encourages parishes throughout the Diocese to dedicate Tuesday of the fifth week of Lent (March 24) to the Sacrament of Penance as part of "The Light is on for You" program. In addition, parishes might want to adopt the model of dedicating one Lenten evening each week to providing occasion for the Sacrament of Penance, as suggested for Advent.

Easter Duty

All Catholics who have reached the age of reason must confess their serious sins in the Sacrament of Penance at least once a year. They must also receive Holy Communion at least once each year during the Easter season, which this year extends from Feb. 22, the First Sunday of Lent, until Trinity

Sunday, May 31.

Marriage

Although other seasons are more suitable, the celebration of marriage and the Nuptial Mass are not forbidden during Lent, according to The Code of Canon Law. When liturgical rules permit, the Ritual Mass for the Celebration of Marriage may be used and the nuptial blessing may be given. However, you should advise the spouses and their guests to exercise proper restraint in accord with the penitential character of Lent.

Obligation

All Christ's faithful are obliged by divine law to do penance. The days set aside for fast and abstinence in Lent are special ways of doing penance and are an expression of unity for all the Church.

Chrism Mass

A reminder that this year's Chrism Mass will be celebrated on Thursday, March 26 at 11 a.m. at St. Mary's Cathedral in Ogdensburg. Details pertaining to this event will be forthcoming.

Funerals during Sacred Triduum

On Holy Thursday, Good Friday, and Holy Saturday, Funeral Masses may not be celebrated. However, a Funeral Service consisting of the Liturgy of the Word and the Final Commendation may be held in Church.

Prayer to Blessed Virgin

Oh most beautiful flower of Mt. Carmel, fruitful wine splendor of Heaven, Blessed Mother of the son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the sea, help me and show me, herein you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth. I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3x). Holy Mother, I place this prayer in your hands(3X).

EM

Bishop's Schedule

Feb. 18 – 12p.m., Mass at St. Mary's Cathedral

Feb. 21 – 4 p.m., Mass at the Newman Ministry Retreat at Wadhams Hall

Feb. 22 – 8a.m., Mass at St. Mary's Cathedral

Feb. 23-24– Pontifical College Josephinum Board of Trustees Meeting in Columbus, OH

Rest in Peace

This week marks the anniversary of the deaths of the following clergymen men who have served in the Diocese of Ogdensburg

Feb. 18 – Rev. Charles Guillot, M.S.C., 1985

Feb. 19 – Rev. William R. Bourbeau, 1954

Feb. 20 – Rev. Lucian Leger, O.M.I., 1874; Rev. Daniel O'Riordan, O.M.I., 1897

Feb. 21 – Rev. Charles A. Paquette O.M.I., 1925; Rev. John J. Kelly, 1944

Feb. 22 – Rev. Edward Tortel, O.M.I., 1901; Rev. Peter H. J. Ryan, 1930

Feb. 23 – Rev. Leo Heinrichs, O.F.M., 1908; Rev. Edward Blanchard, 1922; Rev. André Payette, O.M.I., 1976

Feb. 24 – Rev. George Belanger, 1932; Rev. William J. Murphy, C.S.C.O., 1959

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ulavich@yahoo.com Phone: 518-
483-3261; or Father James Seymour,
the Episcopal Vicar for Clergy at 315-
393-2920, ext. 1340

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Synod on the Family

Anyone wishing to respond to the questions for the Synod on the Family to be held in Fall 2015, may do so by going the diocesan website (www.rcdony.org) and clicking on the banner "The Vocation and Mission of the Family in the Church and in the Contemporary World" and following the instructions. **Contact Ian Fawcett at ifawcett@rcdony.org for username and password.**

Environmental Stewardship

Why do I recycle?

The question was asked "Why do I recycle?"

My choice is to reduce my impact on our planet, supporting a sustainable environment. Through my faith and ecology journey and participation in programs like Care for Creation and Lent 4.5, I learned about my responsibility to care for our home, planet earth, first to minimize waste and to up-cycle when possible. My awareness was expanded by participating in the program "Awakening the Dreamer" sponsored by the religious sisters.

The question posed, about throwing things away was "Where is away?" (Another part of our planet, someone else's space, the ocean, the atmosphere?)

The question summons oneself to transform thought and action to a new world view. Like the mustard seed we contain history and the hope of the future, realizing our ability to be co-creators with God.

By not purchasing bottled water or soda there is no need to recycle bottles. For those that are not aware the landfill has FREE recycling center (plastics-cans-bottles-newspapers-magazines-

Clothing-metals and office papers.) My back-pack is made from up-cycled bottles.

As I drove up 374, beautiful snow covered trees and the glittering fields, reminded me of the beauty and mystery that has been entrusted to us. Like the mustard seed let each of us realize our own wisdom and potential for birthing a new way of being.

SHEILA HARRISON
PLATTSBURGH

ST. MARY'S RAFFLE GRAND PRIZE: \$10,000

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Canton, NY 13617

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Telephone _____

Number of Tickets _____ Amount of check \$ _____

\$10 EACH or 6 for \$50

NCC

AT CATHOLIC SCHOOLS AND PARISHES ACROSS THE NORTH COUNTRY

FACES OF FAITH



Bishop Terry R. LaValley celebrated Mass at St. John's in Madrid Jan. 31. He is shown above with those who assisted at the liturgy, Sidney Belmore, Jaron Belmore, Tyler Fitzgerald, Kayly Belmore and Deacon Dan McGrath.



Seton Academy and Seton Catholic celebrated the beginning of Catholic Schools Week at St. Alexander's Church in Morrisonville on Jan. 24. When the students were given the opportunity to dress as someone famous Shaylee Staves dressed as St. Elizabeth Seton, the patron saint of her school.



The Nature Center visited St. Mary's School in Canton during Catholic Schools Week. The Pre K through second graders learned about turtles while the third through sixth grade students explored owl pellets. Here, Maria Pena is holding a turtle shell.



Trinity Catholic in Massena has just completed another successful year of basketball. The Trinity Knights have played 10 games against both public and parochial schools, with the boys winning the North Country Catholic Classic tournament at the end of January. Pictured here are the girls and boys teams. From left, first row, are Mateo Mejia, Trevor Francis, Sean Murphy, Liam O'Neill and Noah Love; middle, Nathaniel Doe, Sophie Stankovich, Coach Thomas Oldenburgh, Amanda Polarolo and Owen Flynn; back, Kailey Peets, Caroline Cromie, Laura Guimond, Ryan Deshane, Carson Witkop and Chloe Wilson.

CRS RICE BOWL
CATHOLIC RELIEF SERVICES
40th ANNIVERSARY

crsricebowl.org

crsplatodearroz.org

A LENTEN TRADITION

What is CRS' Operation Rice Bowl?

CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program for parishes, schools and families. The program invites Catholics to live in solidarity with our poorest and most vulnerable brothers and sisters through the three Lenten pillars of praying, fasting, and almsgiving.

Participants journey throughout the forty days of Lent with the daily reflections included in the Lenten Calendar, offering small, suggested sacrificial gifts to fill their Rice Bowls as they read and watch Stories of Hope from individuals and communities whose lives have been changed by CRS Rice Bowl contributions.

40 years ago, Catholics in the United States wanted to respond to famine in Africa. Could we feed the hungry through Lenten prayers, fasting and almsgiving? The answer was yes—and it came in the form of a small cardboard box. 40 years later, it still does.

CRS Rice Bowl is Catholic Relief Services' Lenten faith-in-action program for families and faith communities. As a tool for your Lenten journey, it encompasses the entire liturgical season, beginning on Ash Wednesday (February 18, 2015) and concluding on Easter Sunday (April 6, 2015).

CRS Rice Bowl asks us to:

Pray: Incorporate global awareness into personal and communal prayer with reflections on the Stations of the Cross, the Seven Sorrows of Mary and the Lives of the Saints—infused with Catholic social teaching.
Fast: Turn family or community meals into moments of global solidarity with simple, meatless recipes from countries around the world—and don't forget to learn how to prepare them with Fr. Leo Patinghug in CRS Rice Bowl's Global Kitchen video series!
Give alms: What you give us for Lent changes lives! Use your cardboard CRS Rice Bowl or the new CRS Rice Bowl app to track your Lenten sacrifices—and to see *how* your gift changes lives—as you journey from Ash Wednesday to Easter Sunday.

what
you give up
for Lent
changes
lives
tus sacrificios
en Cuaresma
cambian vidas



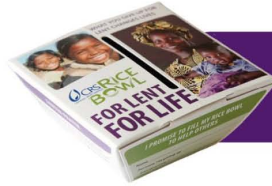
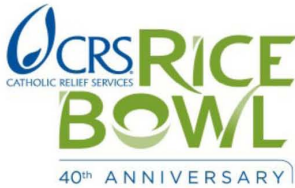
Schoolgirl from the village of Tourbey, Niger

About Catholic Relief Services:

Catholic Relief Services is the official international humanitarian agency of the Catholic community in the United States.



We are the official overseas relief and development agency of the U.S. Conference of Catholic Bishops and a member of Caritas International and the National Catholic Development Conference. www.crs.org



WHERE WILL
LENT TAKE

YOU THIS
YEAR?

LET CRS RICE BOWL BE YOUR GUIDE ALONG THIS 40-DAY JOURNEY.

A LENTEN TRADITION

When you give to CRS Rice Bowl...

- **75 percent** of your gift supports CRS' programs around the world. Some examples include: Agriculture projects help farmers improve harvests; water sanitation projects bring clean water to communities; Education projects provide resources and training.
- **25 percent** of your donations go to hunger and poverty alleviation efforts in your own community.

WAYS TO PARTICIPATE

Lent is our time of preparation

We begin our Lenten journey on Ash Wednesday. During these 40 days, we ponder what it means to "give up, take up and lift up." Using the spiritual practices of prayer, fasting and almsgiving, we deepen our relationship with Christ and discern where God is working in our lives.

Once a week during Lent:

- Read the Stories of Hope and learn how you are making a difference through CRS.
- Prepare and share simple meatless meals using the CRS Rice Bowl recipes.
- Put your Lenten offerings into your CRS Rice Bowl. You may also return your gift online.



Download the App

CRS Rice Bowl App 2.0: Put Lent at your fingertips with new reflections, an integrated Twitter feed and a new way to track your Lenten sacrifices! Available in both English and Spanish.

These fun resources can help bring Lent to life for your family.

- Spend 5 minutes each day in prayer and reflection. The Daily Calendar includes reflections and activity suggestions for each day of Lent.
- Test your knowledge of global hunger and poverty realities by taking the World Awareness Quiz
- More ideas available at www.crsricebowl.org/family-activities/

All of the information here can
be found at:
www.crsricebowl.org

Live global solidarity in Your Family with families around the world

Place your family's CRS Rice Bowl on the center of your table and fill it with your Lenten sacrifices! Start or end each day with a brief reflection from the Lenten Calendar. Read Stories of Hope from around the world to see how you can live out your Gospel call, and reflect on the Lives of the Saints to see how others have lived that same call. Let Father Leo Patalinghug teach your family how to prepare simple meals in CRS Rice Bowl's Global Kitchen video series. <http://www.crsricebowl.org/recipe-archive/>



gallo pinto

- 1 large onion, diced
- 1 bell pepper, diced
- 3 garlic cloves, minced
- 4 T fair trade olive oil
- 2 c rice
- 4 c water
- 2 16-oz cans red beans, drained
- 1 bay leaf
- Salt and black pepper to taste
- Fried egg or cheese (optional)

In a large pot, sauté onion, bell pepper and garlic in oil. Stir in rice. Cook, stirring often, until onions are soft. Add water and cook, covered, until most of the water has been absorbed. Add beans and bay leaf. Mix well and cook over medium heat for 15 minutes. Serve hot with cheese or fried egg.

Share your simple meal: #4Lent4Life
crsricebowl.org





CNS PHOTOS/PAUL HARING

Pope Francis places a red biretta on new Cardinal John Dew of Wellington, New Zealand, during a consistory at which the pope created 20 new cardinals in St. Peter's Basilica at the Vatican Feb. 14. Above, Pope Benedict XVI and Pope Francis exchange greetings at the conclusion of a consistory.

Pope: becoming a cardinal 'a call to greater love'

By Cindy Wooden
Catholic News Service

VATICAN CITY (CNS) -- In a Valentine's Day ceremony to create 20 new cardinals, Pope Francis offered a meditation on Christian love and, especially, what it means for those who guide and minister in the church.

"The greater our responsibility in serving the church, the more our hearts must expand according to the measure of the heart of Christ," he said Feb. 14 during the con-

sistory, a prayer service during which he personally welcomed 19 churchmen into the College of Cardinals.

The 20th new cardinal, 95-year-old Colombian Cardinal Jose Pimiento Rodriguez, retired bishop of Manizales, was unable to attend the ceremony and was to receive his red biretta - a three-cornered hat --and his cardinal's ring in his homeland.

Retired Pope Benedict XVI attended the ceremony, sitting in the front row of St. Peter's Basilica alongside the already existing members of

the College of Cardinals.

Pope Francis' meditation at the ceremony focused on the famous passage about love from St. Paul's First Letter to the Corinthians (13:4-7), which begins: "Love is patient, love is kind."

"All of us, myself first," should be guided by St. Paul's words, he said, because every Christian ministry "flows from charity, must be exercised in charity, is ordered toward charity."

The patience Christian love calls for, he said, is a call to catholicity. "It means being

able to love without limits, but also to be faithful in particular situations and with practical gestures. It means loving what is great without neglecting what is small."

The 20 new cardinals come from 18 nations, including three -- Cape Verde, Myanmar and Tonga -- that had never had a cardinal before. Only one of the cardinals works in the Roman Curia: French Cardinal Dominique Mamberti, head of the Apostolic Signature, the Vatican's highest court.

With the creation of the 20

new cardinals, the College of Cardinals expanded to 227 members, 125 of whom are under the age of 80 and therefore eligible to vote in a conclave to elect a new pope.

After the new cardinals professed their faith by reciting the Creed and formally swore fidelity and obedience to the pope and his successors, they approached Pope Francis one by one to receive their biretta, their cardinal's ring and the assignment of a "titular" church in Rome, which makes them part of the Roman clergy.



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CATHOLIC WORLD AT A GLANCE

Pope Benedict has no regret, doubt about decision to retire, aide says

VATICAN CITY (CNS) — Retired Pope Benedict XVI has never doubted or regretted his decision to resign, knowing it was the right thing to do for the good of the church, said Archbishop Georg Ganswein, prefect of the papal household and personal secretary to the retired pope. "The church needs a strong helmsman," and Pope Benedict was keenly aware of his own waning strength while faced with such a demanding ministry, the archbishop said in an interview published Feb. 12 in the Italian daily *Corriere della Sera*. Two years after Pope Benedict's historic announcement Feb. 11 to step down as supreme pontiff, Archbishop Ganswein said the retired pope "is convinced that the decision he made and announced was the right one. He has no doubt. He is very serene and certain in this: His decision was necessary and made 'after having repeatedly examined my conscience before God,'" he said, citing words from the pope's Feb. 11, 2013, announcement.

'Fifty Shades of Grey' called 'direct assault' on marriage, morality

WASHINGTON (CNS) — The new movie "Fifty Shades of Grey" is "a direct assault on Christian marriage and on the moral and spiritual strength of God's people," Cincinnati's archbishop told pastors in his archdiocese. "We need to inform our people about the destructive message of this movie and to highlight the beauty of God's design for loving relationships between a husband and a wife in the bond of marriage," Archbishop Dennis M. Schnurr said in an early February letter. "The story line is presented as a romance; however, the underlying theme is that bondage, dominance, and sadomasochism are normal and pleasurable," he added. Archbishop Schnurr's letter echoed the sentiment expressed by several Catholic and other religious leaders and organizations that have criticized the film, hitting theaters Feb. 13. It is based on the first book in a trilogy by E.L. James that features an erotic and sadomasochistic story line about a young college student who agrees to become a sex slave to a business tycoon.

Women are not guests, but full participants in church life, pope says

VATICAN CITY (CNS) — Saying he knows the history of the subjugation of women continues to have a negative impact on how women are treated, Pope Francis called for greater roles for women in the church and for greater assistance and workplace flexibility to ensure they can make the best choices for themselves and their families. Pope Francis told the Pontifical Council for Culture Feb. 7 that its study of women's cultures was a topic "close to my heart," and that he fully recognizes the need "to study new criteria and methods to ensure women feel they are not guests, but full participants in the various spheres of the life of society and the church. This challenge can no longer be postponed," he said. The preparatory document for the meeting said that in the West, more and more women between the ages of 20 and 50 are leaving the church. Many have "reached places of prestige within society and the workplace, but have no corresponding decisional role nor responsibility" within the church community. Pope Francis told the council — whose members are all cardinals, bishops, priests and laymen — "I am convinced of the urgency of offering space to women in the life of the church and to welcoming them, taking into account specific and changing cultural and social sensitivities."

Become islands of mercy in the sea of world's indifference, pope says

By Carol Glatz
Catholic News Service

VATICAN CITY (CNS) — Christians are called to overcome apathy, discouragement and pretensions of self-sufficiency by letting God enter into their hearts, making them joyful, merciful and strong, Pope Francis said.

Through prayer, charity and humility before God, people receive a heart "which is firm and merciful, attentive and generous, a heart which is not closed, indifferent or prey to the globalization of indifference," the pope said in his message for Lent, which begins Feb. 18 for Latin-rite Catholics.

In fact, the individualistic "selfish attitude of indifference has taken on global proportions," turning it into "one of the most urgent challenges" that "we, as Christians, need to confront," the pope wrote.

Released by the Vatican Jan. 27, the text of the pope's Lenten message focused on the need for inner conversion and renewal, with the title, "Make your hearts firm," which is from the Letter of James.

A firm heart is strong and steadfast against temptation and evil, but it is also open to God, capable of being "pierced by the Spirit," touched by his love and moved to share it with others, he said.

"When the people of God are converted to his love, they find answers to the questions that history continually raises," the pope said, including the pressing problem today of "the globalization of indifference."

"Indifference to our neighbor and to God also represents a real temptation for us Christians," he said, which means the church, parish

communities and lay people need regular reflection and "interior renewal, lest we become indifferent and withdraw into ourselves."

Pope Francis delivers message for Lent

God's love breaks down the walls of "that fatal withdrawal into ourselves, which is indifference," he said.

By receiving Jesus, by listening to his word, receiving the sacraments and engaging in prayer, "we become what we receive: the Body of Christ," which is a living, united communion of members that share their gifts and leave "no room for indifference."

Parishes and Catholic organizations, too, must share and care for the weakest, poorest and most marginalized, refusing to "take refuge in a universal love that would embrace the whole world, while failing to see the Lazarus sitting before our closed doors."

May Catholic communities "become islands of mercy in the midst of a sea of indifference," the pope said.

The church and its organizations must go out to ends of the earth by praying with the church in heaven and engaging with the wider world, he said.

Even the faithful who are now in heaven have not turned their backs "on the sufferings of the world," rejoicing "in splendid isolation," rather, they want Christ's "victory of love" to penetrate the whole world, which is why they accompany those on earth as they continue God's work, the pope said.

God calls every man and woman to him, he said. That is why "in each of our neighbors, then, we must see a brother or sister for whom

Christ died and rose again" and recognize that "all that our brothers and sisters possess is a gift for the church and all of humanity."

The best way for Catholics not to be overwhelmed by so much bad news in the world and to avoid the "spiral of distress and powerlessness," he said, is to become united in prayer, to concretely help others and to see suffering as an occasion for one's own conversion.

"Witnessing so much need reminds me of the uncertainty of my own life and my dependence on God and my brothers and sisters," he said.

Only by humbly accepting one's limitations and recognizing God's infinite abundance can people "resist the diabolical temptation of thinking that by our own efforts we can save the world and ourselves."

Msgr. Giampietro Dal Toso, secretary of the Pontifical Council *Cor Unum*, the office which handles the pope's charitable giving, presented the Lenten message at a Vatican news conference.

He said indifference -- where everything becomes the same or equally valid -- results in an eradication of values, meaning and any distinction between good and evil, true and false.

"If everything is the same, if nothing is different and therefore is more or less valid, what can one invest one's life in?" he asked.

The church upholds the truth, its standards and principles, and recognizes difference "between oneself and the other, between one lifestyle and another, between oneself and God," the Monsignor said.

"The church does not denounce certain situations simply to censure them but she wishes to offer paths toward healing," he said.

SCRIPTURE REFLECTIONS

Lent: a time to renew our baptismal promises

This past Wednesday, crowds of Catholic Christians came expectantly to churches throughout the world. Why?

They came to receive ashes, the sign that they "belonged." They wanted to declare their allegiance to the Gospel.

Lent is a time for Catholics to renew their baptismal promises in which they pledged total commitment to the ideals of Truth and Love that sum up who God is and the principles they claim to live by.

This happens to be the Year of Consecrated Life, in which we honor and support those who give total

commitment to following Jesus Christ.

This year also provides inspiration for all Catholics to remember and celebrate the day of their Baptism and Confirmation.

Every year we hope to rise again from the ashes of our sins and failures "to create ourselves anew".

Every year we take a journey, a pilgrimage through penance, self-discipline, prayer, and, hopefully, an abundance of good works, to the refreshing Easter waters of renewal.

This year seems especially critical for Catholics and other Christians to publicly exercise the power of

their faith to combat the evils of our day.

Our first reading is about God's terrible anger with the human race—all except Noah and his family.

Because of this just man and his family, God instructed him to build an ark so that he could escape the avenging flood-waters that would destroy all other living creatures.

After forty days, that ark must have been a rather smelly place! As Noah stepped out of the ark, he breathed new freshness from a world washed clean by water.

Lent can help wash our world clean as we go from the ashes of war, the murder of innocent children both in and out of their mothers' wombs, and the greed that has brought such

FEB. 22

First Sunday of Lent

READINGS

Genesis 9:8-15

1 Peter 3:18-22

Mark 1:12-15

economic misery to both the guilty and the innocent.

This Lent may we seek through God's grace to rid ourselves of blindness and indifference that distances us from the reality of the intense evils of our day.

It's a special time for us to remember and renew of all the covenants God has made with us from the beginning.

Lent brings to us a greater appreciation for the Passion and Death of Jesus as He

made for all of us a New Covenant in His blood.

The Gospel gives Mark's abbreviated story of Christ's temptation in the desert by Satan.

Jesus experienced the same temptations the devil uses on all humans - the temptations to comfort and sensual appetites, the temptations to abuse whatever power we have, the temptations to pride and possessions.

As Jesus went into the desert, so we should seek out a quiet space for reflection and renewal, for refreshing talks with Jesus, inviting our family members to do the same.

Remember the words of Jesus as he began his public ministry: "This is the time of fulfillment. Repent and believe in the Gospel."



Monsignor
Paul E.
Whitmore

MAKING SENSE OF BIOETHICS

Medical assistance with the battle of the bulge

Bariatric surgery, which often involves banding of the stomach, is a widely used procedure for treating severe obesity.

Another approach that relies on an implantable "stomach pacemaker" also appears poised to assist those struggling with significant weight gain.

Many people have already benefitted from these kinds of surgical interventions, enabling them to shed a great deal of weight, improve their health and get a new lease on life.

At the same time, however, it's important for us to examine such interventions from an ethical point of view. It's not simply a matter of weight loss, achieved by any means whatsoever, but a rational decision made after carefully weighing the risks, benefits and alternatives.

Bjorn Hofmann, a medical ethicist who writes about the ethical issues surround-

ing obesity-correction techniques notes, "Bariatric surgery is particularly interesting because it uses surgical methods to modify healthy organs, is not curative, but offers symptom relief for a condition that is considered to result from lack of self-control and is subject to significant prejudice."

The healthy organ that is modified is the stomach, which may be either banded or surgically modified with staples to create a small stomach pouch. This causes food to be retained in the small pouch for a longer period of time, creating a feeling of fullness, with the effect of reducing how much a person ingests at a single meal.

Like any surgical technique, bariatric surgery has risks associated with it: Mortality from the surgery itself is less than one percent, but post-surgical leakage into the abdomen or malfunction

of the outlet from the stomach pouch can require further surgeries.

Nearly 20 percent of patients experience chronic gastrointestinal symptoms. Wound infections, clot formation, vitamin deficiencies, cardiorespiratory failure, and other complications like gallstones and osteoporosis can also occasionally arise.

A new device, sometimes described as a "pacemaker for the stomach," was recently approved by regulators at the Food and Drug Administration. This rechargeable and implantable device blocks electrical nerve signals between the stomach and the brain and helps to diminish the feeling of being hungry. The cost for the small machine, along with its surgical implanta-

tion, is expected to run between \$30,000 and \$40,000, making it competitive with various forms of bariatric surgery.

Because the stomach pacemaker does not modify the stomach or the intestines as organs, but instead reduces appetite by blocking electrical signals in the abdominal vagus nerve, some of the surgery-related complications associated with modifying or stapling the stomach are eliminated.

Other surgical complications related to the insertion of the device into the abdomen have sometimes been observed, however, as well as adverse events associated with its use, like pain, nausea and vomiting.

Bariatric surgery, it should be noted, is not universally successful in terms of the

underlying goal of losing weight and some patients ultimately regain the weight they lose either through enlargement of the stomach pouch or a return to compulsive eating patterns or both. Results have been similarly mixed for patients receiving the stomach pacemaker: some lose and keep off significant amounts of weight; others show only negligible improvements when they are unable to adhere to the needed life-long changes in eating habits.

Among the ethical questions that need to be considered with regard to surgically-based approaches are: Should an expensive, invasive and potentially risky surgery be routinely used for an anomaly that might be addressed by modifications in diet and eating habits?

What criteria should be met before such surgery is seriously considered?

CONTINUED ON NEXT PAGE



Father Tadeusz
Pacholczyk Ph.D.

AT THE MOVIES

JUPITER ASCENDING

By Joseph McAleer
Catholic News Service

Heavenly bodies -- human and alien -- collide in spectacular fashion in "Jupiter Ascending" (Warner Bros.), a 3-D science-fiction romp through the cosmos.

Written and directed by Lana and Andy Wachowski, creators of The "Matrix" trilogy, the film is an action-packed, mythology-laden mash-up of several classic fantasy films, most notably "The Wizard of Oz."

Instead of Dorothy Gale, we have Jupiter Jones (Mila Kunis), who leaves her drab Chicago home for a grand galactic adventure, guided by a hunky alien, Caine (Channing Tatum), a human-wolf hybrid with pointy ears.

Jupiter finds herself not in Oz but on distant worlds controlled by the royal House of Abrasax. Following the death of the matriarch, three children vie for con-

trol of the entire universe. The ruthless elder son, Balem (Eddie Redmayne), conspires against his sister, Kalique (Tuppence Middleton), and playboy brother Titus (Douglas Booth).

In this profoundly non-biblical account, Earth was seeded by the Abrasax eons ago. It now serves as a source of raw material for a magical elixir which keeps the aliens eternally young. In other words, humans are being harvested for food, a la "Soylent Green."

"Life is an act of consumption," cackles Balem.

So where does our heroine fit in? Jupiter, although born of human parents, is somehow the heir to the entire shebang, thanks to some reincarnation mumbo-jumbo.

We discover this early on when Caine's buddy, an astute beekeeper aptly named Stinger (Sean Bean), sees thousands of bees swarm around the young woman.

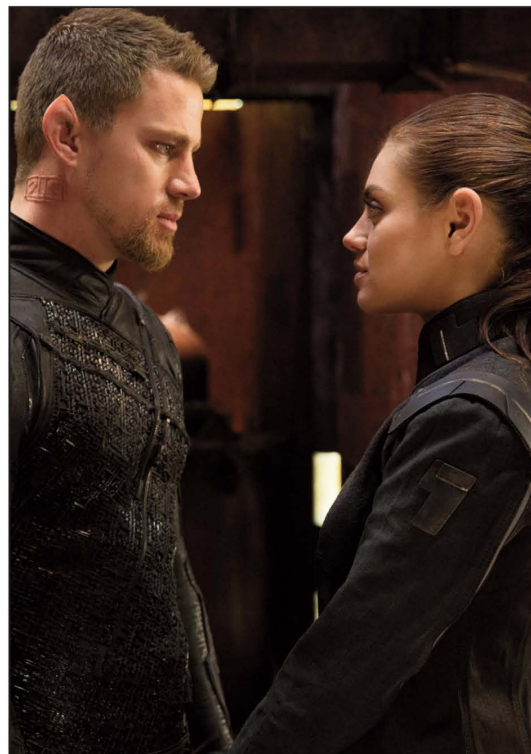
"Bees are genetically disposed to recognize royalty,"

Stinger notes. "Bees never lie."

And how. So Jupiter is swept away by Caine and becomes a pawn in the Abrasax power struggle. This damsel in distress has two goals: Save Earth, and return home to her family in Kansas -- er -- Chicago.

If this all sounds confusing, and more than a little silly, it is, and much of the film is unintentionally hilarious. The Wachowskis may have strong opinions about industrial might, the abuse of power, and the plight of the individual, but these all get lost in the ether.

The film contains intense but bloodless sci-fi action, partial rear nudity, some innuendo, a benign view towards egg donation, and occasional crude and profane language. The Catholic News Service classification is A-III -- adults. The Motion Picture Association of America rating is PG-13 -- parents strongly cautioned. Some material may be inappropriate for children under 13.



CNS PHOTO/WARNER BROS.
Channing Tatum and Mila Kunis star in a scene from the movie "Jupiter Ascending."

Medical

CONTINUED ON NEXT PAGE

It is also of ethical importance that physicians and surgeons not be unduly influenced by device manufacturers to utilize their various stomach banding apparatuses or their pacemaker devices.

In 1991, the National Institutes of Health developed a consensus statement on "Gastrointestinal Surgery for Severe Obesity" that offers guidance for clinical decision making. The statement notes that, beyond having a serious weight problem, patients seeking therapy for the first time for their obesity should "generally be encouraged to try non-surgical treatment approaches in-

cluding dietary counseling, exercise, behavior modification and support."

These broad guidelines are intended to spark discussion on the part of patients and their medical team: How much support has an individual really received prior to looking into weight reduction surgery or stomach pacemaker insertion? Some patients may have tried diligently for years to lose weight, while others may have made only cursory, poorly-supported efforts. The need for support is also likely to continue following bariatric surgery or after the implantation of a stomach pacemaker.

In sum, there are notable differences between such surgical interventions and traditional weight loss techniques involving exercise and diet. With the surgical techniques, due diligence will be required both prior to and following such interventions, particularly in light of the ongoing discussions about the cost-effectiveness, safety, risks and outcomes of interventional surgery for the overweight patient.



Father Pacholczyk, Ph.D. earned his doctorate in neuroscience from Yale and did post-doctoral work at Harvard. He is a priest of the diocese of Fall River, MA, and serves as the Director of Education at The National Catholic Bioethics Center in Philadelphia. See www.nccsb-center.org

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CLINTON

CHICKEN & BISCUIT DINNER

Treadwells Mill - The Catholic Daughters of the Americas, Court #2663, is sponsoring a Chicken & Biscuit Dinner

Date: Feb. 22

Time: Noon to 5 p.m.

Place: Treadwells Mill Hall at St. Joseph's

Cost: Adults, \$9; Children 5-12, \$5; under 5, Free

FISH FRY

Chazy - Sacred Heart Parish to have their annual all you can eat fish fry.

Date: March 13

Time: 4:30 p.m. to 7:30

Place: Parish Center

Cost: Take-outs and Adults, \$10; Children 6-12, \$5

Menu: Fried perch, macaroni and cheese, tater tots, cole slaw, rolls, beverage and dessert.

ST. PADDY'S DAY DINNER

Peru - St. Augustine's parish to have St. Paddy's Day dinner.

Date: March 14

Time: 3 p.m. to 6

Place: Parish center

Cost: Adults, \$9; Children 4-12, \$4; 3 and under, Free

Menu: Traditional Corned beef or Ham, cabbage and "all the trimmings", various desserts, beverages (adult fare entitles those 21+ to a small "adult" beverage of either Guinness or Bailey's)

Features: Take-outs available. Traditional Irish music by Elisabeth Churchill and George Schnob. Irish dancers, 50/50 Raffle and Green Basket Raffle (1 ticket for \$1.00 or 6 for \$5.00). The income generated from this event will be used to further the Catholic Daughters of the Americas Court Saint Monica #2598 of St. Augustine's Parish mission of charity

WEEKDAY LENTEN ADORATION

Plattsburgh - This year St. Peter's Church will offer Lenten weekday adoration.

Schedule: Mon. and Tues. after 7 a.m. Mass until 9 p.m.

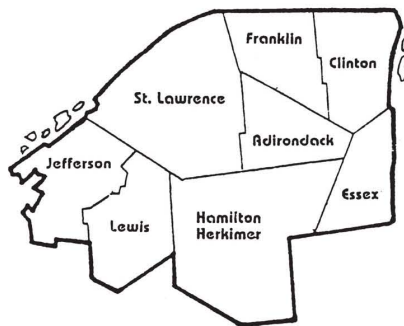
Place: St. Frere Andre's Chapel

Features: Adoration will end with Benediction at 7 p.m. on Tues. of Holy Week.

Contact: To sign up for one hour a week of adoration, call the rectory at 563-1692 or stop in the Chapel anytime during adoration hours.

SPAGHETTI DINNER

Peru - St. Augustine's Knights of Columbus Council 7273 will host an all you can eat spaghetti dinner.



The North Country Catholic welcomes contributions to "Around the Diocese".

Parishioners are invited to send information about activities to:

North Country Catholic, PO Box 326,
Ogdensburg, NY 13669; fax, 1-866-314-7296;
e-mail news@northcountrycatholic.org.

Items must be received in the NCC office by the Thursday before publication.

Date: Feb. 21

Time: 4:30 p.m. to 6:30

Place: St. Augustine's Parish Center;

Take-outs available.

Cost: Adults, \$7.50; Children 6-12, \$2.50; 5 and under, Free; \$20 per family maximum.

SPAGHETTI & MEATBALL DINNER

Plattsburgh - A spaghetti & meatball dinner to benefit Seton Catholic "40 Days of Hope" project to purchase medicines for the North Country Mission of Hope!

Date: Feb. 28

Time: 4 p.m. to 6:30

Location: Seton Academy

Cost: \$8 for adults, \$5 Children under 12; Take outs at no additional cost!

RUN FOR THE ROSES GALA

Altona - Seton Academy will have their second annual gala.

Date: May 2

Time: 5 p.m. to Midnight

Place: Rainbow Banquet Hall

Cost: \$40 per adult, or \$300/table of 8

Features: To benefit Seton Academy and Seton Catholic. Dinner choices include roast beef, stuffed chicken breast, or vegetable stir fry. There will be a cash bar and cake for dessert. Program will feature a "hat" walk if you care to show off your creative side. Sign up before April 16.

Contact: 518-825-7386 to sign up.

PANCAKE BREAKFAST

Treadwell Mills - St. Alexander & St.

Joseph's Church will hold an all you can eat pancake breakfast.

Date: March 1

Time: 8:30 a.m. to 12:30 p.m.

Place: St. Joseph's Parish Hall

Cost: Adults, \$7; Children 6-12, \$3; under 5, free

QUILTING CLASSES

Ellenburg Center - Upcoming Quilt Classes at The Lost Sheep Quilt Shop.

Place: Our Lady of the Adirondacks House of Prayer

Schedule: Home on the Range Quilt Class - Feb. 21, 9 a.m. to 3 p.m. Create a fun and easy quilt. Cost \$25.

BLESSED SACRAMENT ADORATION

Keeseville - There is Adoration of the Blessed Sacrament every Sunday.

Time: 1 p.m. to 4

Place: Immaculate Conception Church

HEALING MINISTRY

Morrisonville - The Catholic Community of St. Alexander's and St. Joseph's holds Living Waters Healing Ministry

Date: First Thursday each month

Time: 6:30 p.m.

Place: St. Alexander's Church

Features: Mass, Anointing of the Sick, Exposition of the Blessed Sacrament,

EUCCHARISTIC ADORATION

Plattsburgh - Eucharistic Adoration is held throughout the year every Wednesday, Thursday, and Friday.

Place: St. John's "Holy Family" Adoration Chapel, downstairs

Time: 9 a.m. to 9 p.m

Contact: call 518-561-5083 or email Sjohnsadoration@aol.com

ESSEX

ST. PATRICK'S DAY DINNER

Elizabethtown - St. Elizabeth's will hold its annual St. Patrick's day dinner.

Date: March 15

Time: 2 p.m. to 6

Place: The parish hall

Cost: Adults, \$11; Children under 12, \$5

Features: Take-outs will be available after 1:30 p.m. Tickets for a cash raffle and other items will be available. A dinner of Corned Beef or Ham, cabbage, carrots, potatoes, homemade bread,

FRANKLIN

HOLY FAMILY GALA

Malone - Holy Family School will be having a Gala.

Date: April 18

Time: Cocktails at 6 p.m., Dinner at 7 p.m., dancing following dinner.

Place: Holy Family School

Cost: Adults, \$75

Features: Dinner by Donovan's Steak and Ale. Environment by Fountains Enchanted Florist.

DINNER THEATER

Brushton - The North Franklin Theater Group and St. Mary's Church presents its annual dinner theater, "Death Suite"

Date: Feb. 28

Time: 6 p.m.

Place: St. Mary's Parish Center

Cost: \$28 per person prepaid (Payments must be received no later than Feb. 20, no refunds after Feb. 23)

Features: Dinner will consist of cream of broccoli soup, garden salad, Turkey or Roast pork with stuffing, mashed potatoes, carrots, dessert and a drink.

Contact: Mail reservations to Eileen Miller, PO Box 214, Moira, NY 12957 or call 518-529-7713

DEVOTION AND HOLY HOUR

St. Regis Falls - First Saturday Devotion and Holy Hour to be held.

Date: First Saturday of each month.

Time: immediately following the 4:30 anticipated Mass.

Place: St. Ann's Church

Contact: 518-856-9656

JEFFERSON

FEBRUARY ULTREYA

Watertown - Cursillo Community celebrating February Ultreya

Date: Feb. 26

Time: 6:30 p.m. to 8

Place: St. Patrick's Church chapel

Features: Cursillistas' reunion. Also, we welcome those interested in deepening a personal relationship with Jesus Christ

and sharing it with other Catholics.

IHC OPEN HOUSES

Watertown - Immaculate Heart Central School to hold open houses for new and prospective families.

Elementary School and St. John Bosco Pre-School

Feb. 25 at 6 p.m., Open House, Intermediate School; March 3 at 6 p.m., St. John Bosco Open House, Primary School;

March 9, 8 a.m. to 3 p.m. - Kindergarten Screening & Enrollment (if you have made your choice by this date and/or arrived in the area, please call 315-788-7011 to make an appointment for your child to be screened for Kindergarten.);

Upcoming open houses: March 24 at 6 p.m., Primary School; April 22 at 6 p.m., Intermediate School; May 19 at 6 p.m., Primary School; July 15 at 6 p.m., Intermediate School; Aug. 17 at 6 p.m., Intermediate School.

Junior/Senior High School

March 9 at 6:30 p.m., 7th Grade Orientation (if you have made your choice by this date and/or arrived in the area, please attend this event with your "rising 7th grader");

Upcoming open houses: March 25 at 6 p.m., April 21 at 6 p.m., May 20 at 6 p.m., July 15 at 6 p.m., Aug. 16 at 6 p.m.,

KINDERGARTEN REGISTRATION

Watertown - Registration and screening for children who will be entering kindergarten at Immaculate Heart Central Primary School in September to be held.

Date: March 9

Features: Call 788-7011 for an appointment. To be eligible for kindergarten next year, a child must be 5 years old on or before December 1. Parents should bring their child's birth and baptismal certificates and immunization records.

IHC REGISTRATION

Watertown - Registration for new and returning students in grades 1-6 to take place.

Date: March 17 at IHC Primary and

March 18 at IHC Intermediate

Time: 9 a.m. to 6 p.m.

Contact: If new to the area please call (315) 788-7011 for an appointment

HOLY HOUR FOR VOCATIONS

Watertown - Holy Hour for vocations to be held.

Date: Mon.-Fri.

Time: 9:30 - 10:30 a.m.

Place: Holy Family Church

Contact: 315-782-2468

CONTINUED ON BACK PAGE



The Pontifical Mission Societies of the Diocese of Ogdensburg, Inc.

The Society for the Propagation of the Faith
 Sr. Mary Ellen Brett, SSJ, Director
 622 Washington St., Ogdensburg, NY 13669
 (315) 393-2920; fax 1-866-314-7296
 mbrett@cdony.org

Lent

How God loves us!
 How many blessings He sends our way!
 And yet, there are times when we may feel like crying out, as Christ did on the Cross: "My God, my God, why have you abandoned me?"

Be a messenger of hope for your mission family

Perhaps it's as we cope with the serious illness of a child or parent, or worry for a relative or friend who has lost a job, or mourn the death of loving friend or spouse. And yet, in the midst of our darkness, we remember the gift of God's boundless love – remember that God did not abandon His beloved Son, but raised Him from death to glory. And God does not abandon us.

During Lent especially, Pope Francis asks us to be "joyous heralds" of that message to those in need, to "console broken hearts and offer hope to our brothers and sisters experiencing darkness."

This Lent, you can answer the call of Pope Francis, and become messengers of hope for our mission family.

Your prayers and financial help to the Society for the Propagation of the Faith will directly help priests, religious Sisters and Brothers, and lay catechists in their loving service among those in greatest need.

By your Lenten sacrifice, you can journey: ...with the priests in Bangladesh who serve the workers on tea plantations in the center of the country, helping mothers and fathers provide for their children ...with the Sisters in northern Thailand who search for the "lost ones," the girls who need rescue from human trafficking ...with the catechist in one of the largest slums in Kenya, who visits the sick, prays with the dying, and teaches children of the mercy and hope of the Savior.

God calls all of us to be His voice in our world of need, reminding others that He is with us always.

This Lent, would you be one of those loving missionaries with your support of the Society for the Propagation of the Faith?

In whatever way you can help, you are in effect telling your brothers and sisters in the Missions, through the service of priests, religious and lay catechists: "God will never abandon you." And everyone should know that!

As we continue our Lenten journey, know my prayer is for special blessings on you and your loved ones, that you may always be consoled in your darkest times by the knowledge that the Lord never abandons us.

May God bless you for your generosity to the Mission Church, especially at Easter!

Please remember the Society for the Propagation of the Faith" when writing or changing your Will.
www.dioodgensburg.org/missionoffice

OBITUARIES

Brushton – Roger F. Gareau, 78; Funeral Services Feb. 16, 2015 at St. Mary's Church.

Cadyville – Rhada L. "Nana" Ryan, 82; Funeral Services at St. James Church; burial in St. James Cemetery.

Carthage – Kathleen M. (Blair) Bartlett, 96; Funeral Services Feb. 25, 2015 at St. James Church.

Champlain – Rita Marion LaBombard, 93; Funeral Services Feb. 12, 2015 at St. Mary's Church.

Clayton – Alfred P.O'Neill, 82; Funeral Services Feb. 11, 2015 at St. Mary's Church; burial in St. Mary's Cemetery.

Croghan – William J. Louis, 86; Funeral Services in spring at St. Stephen's Church.

Hogansburg – Veronica Mary Madeline (Oakes) Cook, 74; Funeral Services Feb. 12, 2015 at St. Regis Church; burial in St. Lawrence Cemetery, Akwesasne.

Norwood – Euclide "Pete" G. Valade, 85; Funeral Feb. 12, 2015 at St. Andrew's Church; burial in Calvary Cemetery.

Lake Placid – Joseph P. Canny, 89; Funeral Services Feb. 14, 2015 at St. Agnes Church.

Lowville – William G. Grab, 90; Funeral Services at St. Peter's Church.

Malone – Pauline Barney Chastain, 93; Funeral Services Feb. 14, 2015 at St. John Bosco Church; burial in St. John Bosco Cemetery.

Malone – John S. Harrington, 77; Funeral Feb. 14, 2015 at Notre Dame Church; burial in St. Bonaventure Cemetery.

Malone – Diane B. (Sweet) Jacques, 67; Funeral Feb. 12, 2015 at St. John Bosco Church; burial in St. Joseph's Cemetery.

Malone – Thomas K. Walbridge, 51; Funeral Services Feb. 13, 2015 at St. John

Bosco Church; burial in St. John Bosco Cemetery.

Malone – Eileen (Tavernier) Wemette, 85; Funeral Services Feb. 11, 2015 at Notre Dame Church; burial in Notre Dame Cemetery.

Massena – E. Laura Connors, 86; Funeral Services Feb. 12, 2015 at the Donaldson Funeral Home; burial in the Cornwall Island Methodist Cemetery.

Massena – Mary N. (Brown) White, 71; Funeral Services Feb. 9, 2015 at the Donaldson Funeral Home.

Peru – Anna Marie Avila, 48; Funeral Services Feb. 9, 2015 at the Hamilton Funeral Home; burial in Evergreen Cemetery, Keeseville.

Plattsburgh – William R. Schule, 77; Fu-

neral Services Feb. 9, 2015 at St. John's Church.

Ticonderoga – William H. Smith, Jr., 73; Funeral Feb. 14, 2015 at St. Mary's Church; burial in Mt. Hope Cemetery.

Waddington – Robert W. Bogart, 70; Funeral Services Feb. 9, 2015 at St. Mary's Church; burial in parish cemetery.

West Leyden – Sophia R. (Kaido) Riegler, 92; Funeral Services Feb. 11, 2015 at St. Mary's Nativity Church; burial in St. Mary's Cemetery.

Willsboro – Patricia (Steege) Reynolds, 80; Funeral Services Feb. 7, 2015 at St. Philips Church.

Winthrop – Lindalee "Lee" (Gelinias) Pucia, 67; Funeral Services Feb. 13, 2015 at the Hammill Funeral Home.

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St. Jude Novena
 May the Sacred Heart of Jesus be praised, adored and glorified throughout the whole world, forever and ever, Amen. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude helper of the homeless, pray for us. Say prayer 9 times a day for 9 days. EM

AT THE MALONE WINTER CARNIVAL - 'WE ARE WILD ABOUT GOD'



PHOTOS BY MIKE EMOND PHOTOGRAPHY
The Catholic Community of Burke & Chateaugay Youth Group participated in the 2015 Malone Winter Carnival Feb. 7. The theme for the carnival was "Wild Thing" - show us what you are wild about." Valerie Dalton, youth group leader said. "We were wild about God, because God is the master builder. Our float was Lego themed and featured Jesus made out of Legos, and some more characters from the Lego movie." The float won the Most Creative Float trophy. The children who took part were Grace Locklin (as Emit), Emma Locklin (Mr. Gold),



Chloe Boyea (Wild Style), Luke Dalton (Superman) and group participants, Anna Dalton, Nolan Boyea, Kennedy Boyea, Evan Paine, Maggie Paine, Ashton Paine, Ainsley Crawford, Drew Crawford, Cade Holbrook, Cooper Holbrook, Alex McDonald, Grant Locklin, Andrew Locklin, Angela Dwyer, Stephen Dwyer, Paul Dwyer, Evelyn Winters and Liam Winters. The adult leaders were Val and Scott Dalton, Paula Boyea, Krystal and Ian Paine, Kim Saumnier and Brian and Monique Dwyer.

Around

JEFFERSON

CONTINUED FROM PAGE 14

HOLY HOURS

Adams/Henderson - Holy Hours set
Schedule March 4 at St. Cecilia, 6:30 p.m.; March 16 at St. Cecilia 5 p.m. (followed by pot luck)

LIFERIGHT MEETING

Watertown - Liferight of Watertown, a pro-life educational organization, meets the first Wednesday of the Month.

Time: 1 p.m.
Place: 312 Sherman St.
Contact: Phone 315-788-8480

LEWIS

LENTE EUCARISTIC ADORATION

Lowville - Lenten Eucharistic adoration to be held.

Dates: Feb. 19, March 5, and March 19
Time: 3:30 p.m. to 5
Place: St. Peter's Church
Features: Exposition of the Blessed Sacrament, The Divine Mercy Chaplet, Silent Adoration, and the Benediction.

DIVINE MERCY DEVOTIONS

Houseville - Divine Mercy Devotions for the month of March will be held.

Date: March 1
Time: 3 p.m.
Place: St. Hedwig's Church
Features: Vespers, Exposition of the t

Blessed Sacrament, The Divine Mercy Chaplet and Benediction.

ST. LAWRENCE

ASH WEDNESDAY FISH FRY

Ogdensburg - The Knights of Columbus Council 258's will hold a special Ash Wednesday Fish Fry.

Date: Feb. 18
Time: 4:30 p.m. to 7
Place: K of C Hall
Cost: Adults, \$9.50; Seniors 65 and up, \$8 Children 5-12, \$5; under 5, Free; desserts, \$; cash bar

FISH & SHRIMP FRY

Gouverneur - Fish and shrimp fry to be held every Friday during Lent.

Date: Feb. 20 - April 3
Place: St. James School
Time: 4:30 p.m. to 6:15
Cost: Adults, \$10; Children 12 and under, \$5; Children under 5, Free
Contact: Take-outs and deliver available, phone 287-0130 for faster service

FRIDAY FISH DINNER

Star Lake - St. Hubert's will hold fish dinners every Friday during Lent.

Date: Starting Feb. 20
Time: 5 p.m.
Cost: Dinners, \$10; kids under 10, \$5
Features: Deep fried or Oven baked fish. Take-outs available

LATIN MASS

Potsdam - A Tridentine (Latin) Mass is celebrated each Sunday

Time: 12:30 p.m.
Place: St. Mary's Church
Celebrant: Msgr. Robert H. Aucoin

EUCARISTIC ADORATION

Massena - St. Mary's & St. Joseph's hold Benediction and Adoration every Friday

Time: 9 a.m. to 10
Place: St. Mary's Family Room.

HOLY HOUR FOR VOCATIONS

Ogdensburg - St. Mary's is holding a monthly Holy Hour for Vocations.

Date: Thursday before the First Friday
Time: 7 p.m. concluding with Benediction at 8 p.m.
Place: Deacon Winter Chapel

NOVENA FOR MILITARY

Ogdensburg - Notre Dame Church is holding a Weekly novena for the safety of U.S. military personnel at a new time.

Date: Tuesday afternoons
Time: 1:30 p.m.

BEREAVEMENT SUPPORT GROUP

Massena - Sacred Heart/St. Lawrence holds a Bereavement Support Group last Tuesday of each month.

Time: 2 p.m.
Place: Sacred Heart Convent

Contact: 315-769-3137

COMMUNITY FREE LUNCH

Ogdensburg - The K of Council 258 is starting up its Community Free Lunch

Date: Wednesdays
Time: Noon
Place: K of C Club
Contact: 393-7990 after 4 p.m.

DIOCESAN EVENTS

SUMMER DIRECTED RETREAT

Ogdensburg - Save the date to spend some time with the Lord at the 2015 Summer Directed Retreat.

Date: June 21-26
Place: Wadhams Hall
Features: The directed retreat is offered in an atmosphere of silence, while giving the opportunity for daily one-on-one meeting with a spiritual director, along with daily Mass.

Contact: For more information please email inquiry@wadhams.edu

NEIGHBORING DIOCESES

LENTE RETREAT

Syracuse - Refresh and recharge during Lent at our 24 hour retreat.

Schedule: From March 6 at 7 p.m. to March 7 at 7 p.m.
Place: Christ the King Retreat House & Conference Center
Cost: \$140; Register by March 2 with a

\$25 deposit.

Contact: spiritualrenewalcenter.com, phone: 315-472-6546 Email: mail@spiritualrenewalcenter.com.

24 HOUR RETREAT

Syracuse - A 24 hour retreat to be held. Schedule: From March 13 at 7 p.m. to March 14 at 7 p.m.

Place: Spiritual Renewal Center
Cost: \$140
Contact: spiritualrenewalcenter.com, phone: 315-472-6546 Email: mail@spiritualrenewalcenter.com.

MIDLIFE SPIRITUAL AWAKENINGS:

Syracuse - The middle years of life - ages 45 - 65 - present unique challenges in spiritual development. This workshop will explore different ways to nurture your relationship with God.

Date: Feb. 28
Time: 9 a.m. to 12:15 p.m.
Place: Spiritual Renewal Center
Cost: \$30 or whatever you can afford
Speaker: Rev. Dr. Ginny Smith Ginny is a retired Presbyterian Church (USA) clergy person and holds a professional certification in Spiritual Gerontology from the Johnson Institute. She is also a spiritual director at the Center.

Contact: spiritualrenewalcenter.com; Phone: 315-472-6546; Email: mail@spiritualrenewalcenter.com